

Olga Stelmashchuk*¹, Evgeniya Seryogina¹, Gennadii Piavchenko², Evgeny Zherebtsov³,
Yana Tarakanchikova^{4,5}, Andrey Dunaev¹, Alexey Popov⁴

¹SEC «Biomedical Engineering», Orel State University named after I.S. Turgenev, Orel, Russia

²Histology, Cytology and Embryology Department, Medical Institute,

Orel State University named after I.S. Turgenev, Orel, Russia

³Aston University, Aston Institute of Photonic Technologies, Birmingham, UK

⁴Opto-Electronics and Measurement Techniques Laboratory, Faculty of Information Technology and
Electrical Engineering, University of Oulu, Oulu, Finland

⁵Remotely Controlled Theranostics Systems Laboratory, Saratov State University, Saratov, Russia

*Contact: o.a.stelmashuk@gmail.com

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Presently non-invasive methods of optical diagnostics based on spectrophotometry and fluorescence analysis find a wide application in biomedicine, pharmacology, chemistry, etc. [1]. Fluorescence spectroscopy has a high potential in the field of drug research not only for drug development, but also during preclinical and clinical trials [2]. An important aspect is the control of the effectiveness of the penetration of drug carriers [3].

In this paper, fluorescence spectroscopy was used to investigate the efficiency of propagation in the circulatory system of fluorescent-labelled (rhodamine TRITC) nanocapsules. A fluorescence channel with a fibre-optics probe in series with the multifunctional laser-based non-invasive diagnostic laser system “LAKK-M” (SPE “LAZMA” Ltd, Russia) was used for fluorescence spectroscopy ($\lambda_{ex} = 532$ nm). Twelve 100-120 g Wistar rats were divided into two groups: treated with rhodamine-loaded capsules (n = 6) and control (n = 6). Fluorescence spectra were recorded from thighs of anesthetized rats for 90 min with 10 min intervals.

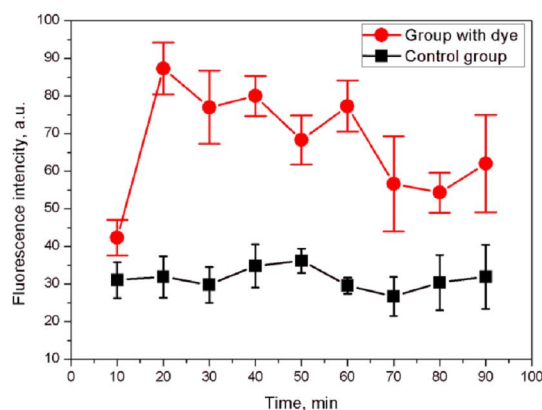


Fig. 1: Dynamics of the detected fluorescence intensity.

The fluorescence spectra show a statistically significant increase of the fluorescence intensity in a group of rats that received nanocapsules with rhodamine. In this group, a marked increase (210% of the baseline level) in the average peak fluorescence intensity from 42 ± 5 to 87 ± 7 a.u. was registered. The results can be used in the field of drug control and in the process of high-throughput screening during drug testing.

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